

HUDDERSFIELD TRAMPOLINE ACADEMY

CODE OF CONDUCT



	Who By	Date
First produced	Julie Foster	04.10.20
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We are fully committed to safeguarding and promoting the well-being of all our members. The club believes it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are always encouraged to be open and share any concerns or complaints that they may have about any aspect of the club with the nominated Welfare Officer, Cassandra Whittingham.

As a member of Huddersfield Trampoline Academy, you are expected to abide by the following club rules:

Participants

- All members must participate within the rules and respect coaches, officials and their decisions.
- All members must respect opponents and fellow club members and treat each other with dignity. There should be no discrimination or bullying against any member and inappropriate behaviour such as swearing or name calling etc will, if proven, warrant disciplinary action.
- Members should keep to agreed timings for training and inform their coach beforehand if they are going to be absent or late
- Members should remain within the hall at all times unless given express permission to leave by their coach; absence from the hall should be for no more than sufficient time to undertake the approved activity
- Members should be actively engaged in their training programme at all times during a session either by taking their go on a trampoline, undertaking approved conditioning activity or spotting for others.
- Members must wear suitable attire for training and events as agreed with the coach.
- Hair must be tied back.
- Gymnasts are not allowed to wear any jewellery during training sessions or competitions (this includes body rings/bars, nose studs or earrings).
- Members must pay any fees for training or events promptly.
- Members must not smoke, consume alcohol or take drugs of any kind whilst representing the club.
- Members should not eat or chew gum during the course of a training session
- Members should not climb onto a trampoline whilst others are bouncing
- Members must be attentive to the coach and attempt new skills only after progressive training and permission
- Members must avoid going under or swinging under the trampoline or end-decks
- Members should treat all equipment with respect.
- Members must inform the head coach of any injuries or illness they may have before the warm-up begins
- Only water may be drunk in the hall using a sport bottle.
- No food or fizzy pop is permitted in the hall.
- No personal possessions are allowed in the hall other than those required for the session e.g. trampoline shoes.
- Members should remain with coaches at the end of a session until collected by their parent or guardian

Parents/guardians

- Encourage your child to learn the rules and participate within them
- Discourage challenging/arguing with officials
- Publicly accept officials' judgements
- Publicly support the club, its coaches, and other officials and volunteers
- Help your child to recognise good performance, not just results
- Set a good example by recognising good sportsmanship and applauding the good performances of all
- Never force your child to take part in sport
- Always ensure your child arrives promptly before the scheduled start of a session or event dressed appropriately and with plenty of water to drink (in a suitable sports bottle).
- Keep the club informed if your child is ill or unable to attend sessions or has any suspected injury or ailment that might impair their performance
- Keep the club informed of any changes of contact details, address, emergency numbers or medical conditions
- Endeavour to establish good communications with the club, coaches and officials for the benefit of all
- Share any concerns or complaints about any aspect of the club through the approved channels.
- Support your child's involvement and help them to enjoy their sport

- Always use correct and proper language.
- Never punish or belittle a child for poor performance or making mistakes
- Always collect your child from the centre promptly at the end of a session
- No photographic or videoing of gymnasts from the viewing area.

Coaches/volunteers

The essence of good ethical conduct and practise is summarised below. All Club Coaches and where appropriate, Volunteers must: -

- Consider the well-being and safety of participants before the development of performance after assessing the readiness of the pupil by observing ability, confidence and background experience
- Ensure no one goes underneath the trampoline, especially small children
- Warn participants of the potential danger and give guidelines for safe practice
- Check evidence that members are fit to participate, particularly after illness or injury
- Check all equipment before use
- Ensure that all members are trained in the safe mounting and dismounting of trampolines and that they then follow those practices
- Make sure all activities are appropriate to the age, ability and experience of those taking part and ensure all participants are suitably prepared physically and mentally when learning new skills
- Use recommended progressive practices, including manual or rig support, and push-in mats where appropriate. (Pupils of suitable size and experience may be trained to assist)
- Ensure that members do not over-exert themselves through too many repetitions of moves or routines without rest
- Develop an appropriate working relationship with performers based on mutual trust and respect
- Check that members are complying with the club's dress policy.
- Hold the appropriate, valid qualifications and insurance cover
- Ensure that drinks are kept well away from the trampoline area
- Display consistently high standards of behaviour and appearance, dressing suitably in accordance with the dress policy and not using inappropriate language at any time whilst involved with club activities
- Ensure that where appropriate trained spotters of suitable size are on all sides which are not protected by alternative safety measures. The spotters should be attentive at all times. If children are too small to act as spotters other trained people of suitable size should be used
- Never consume alcohol immediately before or during training or events
- Obtain prior agreement from the parent/guardian of performers before transporting them anywhere (training/ competitions)
- Never have performers stay overnight at your home
- Never exert undue influence over performers to obtain personal benefit or reward
- Always report any incidents, referrals or disclosures immediately, following the appropriate guidelines set out in the [British Gymnastics Safeguarding and Compliance Policies](#)
- Never condone rule violations or use of prohibited substances
- Make sure that confidential information is not divulged unless with the express approval of the individual concerned
- Promote the positive aspects of the sport (e.g. fair play)
- Encourage performers to value their performances and not just results
- Follow all guidelines laid down by BG and Huddersfield Trampoline Academy.

This Code is consistent with and reflects the [British Gymnastics' Trampoline Gymnastics Code of Practice](#).